

Summer vacation and starting up in August

Dear students - new as well as old - and staff,

The school has received guidelines that will take effect from 1 August 2020. We are now able to describe the precautions we need to take in relation to COVID 19. The precautions are in place to ensure that we can all feel safe both attending and working at the school. Thus, it is important that you make yourself acquainted with the instructions below.

The school will be ready to welcome you after the holidays:

There are posters with instructions at the entrances and there are dispensers with alcohol-based hand rub at the entrances and other central places at the school. Classrooms have been checked, new cleaning routines have been organized, which implies that contact points, such as handles, handrails, pushbuttons and toilet fixtures etc., are cleaned and sprayed twice daily. These initiatives, and more, are all based on the instructions we have received from the National Board of Health ([click here](#)).

Summer vacation:

If you are a student and travel to a country that the Ministry of Foreign Affairs advises against travelling to, you should have stayed home for 14 days before starting school. Students will not receive individualized teaching due to potential quarantine and absence will be registered.

If you are an employee at the school and travel to a country that the Ministry of Foreign Affairs advises against travelling to, you should have stayed home for 14 days before returning to work.

School start and COVID:

Hygiene:

Washing hands:

Students and staff must wash or disinfect their hands:

- Upon arrival and departure from school. Use the dispensers at the various entrances.
- When the hands are visibly dirty.
- After using the toilet, before and after eating, after blowing your nose, coughing, or sneezing
- When moving from one room to another.

Washing your hands properly takes approx. 45-60 seconds – please watch this film clip to see how:

https://www.sst.dk/en/Udgivelser/2020/film_vask_haender

Keep a distance:

- Keep a 1 meter distance from each other when moving around the premises other than the classrooms. I.e. during breaks, in the common areas, when you arrive at school and when you leave it again.
- No hugging or high fives and the like.
- Do not share phones, screens, iPad or laptops.

Be considerate:

- Cough and sneeze in the sleeve and wash your hands.
- Clean your laptop keyboard etc. every day.

Eating at the school (cf. the Danish Veterinary and Food Administration's recommendations)

- The canteen at the school is partly open. Follow Gurli's directions as indicated on the signs. The canteen is one-way (students living at the boarding school will follow separate instructions from the boarding school kitchen).
- Do not use the microwaves at the school.
- If possible, bring your own packed lunches and beverages.
- Bring your food back to your classrooms.
- Staff lunches will continue as normal after the holidays.

Rooms

In the classrooms there is no requirement keeping the 1-meter distance between the students. When teachers stand by the blackboard it is required that there are 2 meters from the teacher to the front row. When the teacher walks around the classroom to help, the 1-meter distance may be waived, but only for short intervals.

Breaks

During breaks, you are allowed to use the school's common areas but you are not supposed to mix with students from other classes.

Parties and intro events

We are not allowed to organize indoor events for the entire school. As a consequence we will postpone parties and Friday cafés, etc. that take place indoors until the guidelines change. We are planning an intro activity for all the students at the school, but it will be organized as an outdoor activity and students will participate as part of their own class.

Sports

If there is physical contact during sports, teachers and students must pay special attention to hygiene and the prevention of contact contamination.

Symptoms

If staff and students have symptoms of COVID-19 (sore throat, feeling sick, muscle pain, dry cough and fever, etc.), they should immediately isolate themselves from others. If you are at home, keep a distance from others in the household. If you suddenly feel sick at school, you have to go home. Contact your own doctor and follow their assessment. This applies to all students, also students living at the boarding school.

Handling infection

If you stay home because you need to be tested, contact the school's principal.

Tracking infection

If you diagnosed with COVID 19, you must stay home. Contact your own doctor for an assessment of when you can return to school. As a principle, you can return after 48 hours after the symptoms cease or one week if you have tested positive without symptoms.

In the case of **one** infection, staff and students are informed about the situation without disclosing the identity. No further action is required.

If there are more than one case at the school, management will contact the authorities for advice.

The school will assist in the tracking of close contacts just as Corona tracking is being implemented. In accordance with the definition of the National Board of Health, close contacts are:

- Roommates
- People with whom you have had direct physical contact
- People with close face-to-face contact within 1 meter for more than 15 minutes.

You must have been in contact with the infected person 48 hours before the symptoms occurred and up to 48 hours after the symptoms ceased.

If you have followed the recommendations with regard to distance, coughing, sneezing and hygiene, there will be very few people with whom you have been in close contact.

Risk group

<https://www.sst.dk/da/corona/personer-i-oeget-risiko>

If you are insecure about attending school, either because you or a relative is at risk, contact your doctor. If your doctor considers that there is an increased health risk attending school, please contact the school. You may be asked to provide a medical statement from your doctor.

If you are unable to obtain a medical statement before going to work or school, contact the school.

If you are unsure whether you are at risk, consult your own doctor. You can find the risk groups [here](#).

The Boarding School

Students and staff at the boarding school will receive additional (and separate) COVID 19 instructions.

Sincerely

Mads Brinkmann Pedersen
Principal